

Saundersfoot Sailing Club

Sail Training Programme - 2012

"Improvers" - 6 sessions

Suitable for:- those with RYA Levels 1 & 2 or equivalent

Anticipated Outcomes: RYA Modules - 'Better Sailing - Level 3' and 'Seamanship Skills'

Day	Date	Session Start Time	Estimated Finish Time	High Water	Notes
Saturday	14 April	11:00	15:00	13:05	
Saturday	21 April	16:00	20:00	19:10	
Saturday	28 April	09:00	13:00	10:55	
Saturday	5 May	16:00	20:00	18:15	Bank holiday weekend
Saturday	12 May	09:00	13:00	11:34	
Saturday	19 May	16:00	20:00	18:09	

"Beginners" - 6 sessions

Suitable for:- those new to sailing or with limited previous sailing experience wishing to learn to sail

Anticipated Outcomes: RYA Modules - 'Start Sailing - Level 1' and 'Basic Skills - Level 2'

Day	Date	Session Start Time	Estimated Finish Time	High Water	Notes
Saturday	2 June	15:00	19:00	17:00	Shorebased session
Saturday	9 June	09:00	13:00	10:22	
Saturday	16 June	14:00	18:00	16:58	
Saturday	23 June	08:30	12:30	09:15	
Saturday	30 June	13:00	17:00	15:36	
Saturday	7 July	08:30	12:30	09:17	

"Racers" - Transition to Club Racing - 6 sessions

Suitable for:- those with RYA Levels 2 or 3 or equivalent who wish to enter Club dinghy racing

Anticipated Outcomes: RYA Modules - 'Start Racing' (and, in some cases, 'Sailing with Spinnakers')

Day	Date	Session Start Time	Estimated Finish Time	High Water	Notes
Saturday	14 July	13:00	17:00	15:25	
Sunday	15 July	14:00	18:00	16:27	2 races at 15:30
Saturday	28 July	12:00	16:00	14:00	Junior / Ladies Helm race at 13:00
Sunday	29 July	13:00	17:00	15:20	2 races at 14:30
Saturday	11 August	11:00	15:00	13:02	
Sunday	12 August	12:00	16:00	14:37	2 races at 13:30

"Day Sailors" - 3 sessions

Suitable for:- those with RYA Level 3 and Seamanship Skills (or equivalent) who wish to have a safe, confident approach to planning and executing a short cruise in a dinghy.

Anticipated Outcomes: RYA Module - 'Day Sailing - Go Cruising'

Day	Date	Session Start Time	Estimated Finish Time	High Water	Notes
Saturday	18 August	tba	tba	tba	Provisional dates only
Monday	27 August	tba	tba	15:30	Provisional dates only
Saturday	1 September	tba	tba	tba	Provisional dates only

Notes

All times are British Summer Time; High Water times are estimated for Saundersfoot Bay location

Other important diary dates:

Saturday 26 May - CYRC event (Club Youth Racing Circuit) (juniors only)

Saturday 28 July - Junior Helm and Ladies Helm races

Further Information

For further course information or to enrol please contact Paul Johnson, Sail Training Principal

Tel.: 01834 814 145 or e-mail: principal@saundersfootsailingclub.org.uk

Also, refer to the Club website: www.saundersfootsailingclub.org.uk